

SHORE CENTRE

Kitchener, ON shorecentre.ca

A sexual health clinic promoting choice through education and pregnancy options support.

See: Online resources for health care providers and teachers/educators.

PLANNED PARENTHOOD OTTAWA

Ottawa, ON ppottawa.ca

A pro-choice organization supporting informed sexual & reproductive health via education, counselling, information, and referral services.

See: The Options Line information support service. Call **613-226-3234 ext:101** or email ppottawa@ppottawa.ca

PLANNED PARENTHOOD TORONTO

Toronto, ON ppt.on.ca

A community health centre serving youth ages 13-29, specializing in mental and sexual health.

See: The Teen Health Source information support service. Text **647-933-5399** or visit teenhealthsource.com to chat online.

STELLA

Montreal, QC chezstella.org

A community organization supporting the health, safety, and dignity of sex workers.

See: Publications like *Dope Guide: Sex Work, Drugs and Alcohol* and *Between the Lines: Drug Laws and Interacting with the Police*.

SOUTH SHORE SEXUAL HEALTH

Bridgewater, NS

southshoresexualhealth.com

A sexual resource centre offering free/low cost supplies, guidance, and resources.

See: Read a PDF of *Uncensored: The Gender Diverse Sexuality Handbook for Every Body*.

HALIFAX SEXUAL HEALTH CENTRE

Halifax, NS hshc.ca

A clinic providing sexual, reproductive, and gender-affirming health care.

See: The *Transgender Abortion Access Manual* by A.J. Lowik

SEXUAL HEALTH NOVA SCOTIA

Halifax, NS shns.ca

An organization representing the community-based sexual health centres in Nova Scotia.

See: The Sexual & Mental Health Library.

PLANNED PARENTHOOD NEWFOUNDLAND & LABRADOR

St. John's, NL plannedparenthoodnlshc.com

A clinic promoting sexual health and 2SLGBTQ+ inclusion through education, community partnership, information, and services.

See: The 2SLGBTQIA+ Warm Line peer support service. Call or text: **1-866-230-8041**

SRH WEEK 2023

GET THE FACTS

It can be difficult to know where to look to get accurate and accessible sexual health information. This pamphlet highlights some of the awesome programs and resources being created by sexual health care providers and community groups across the country. If you're looking for reliable supports, these are great places to check out online or in person!

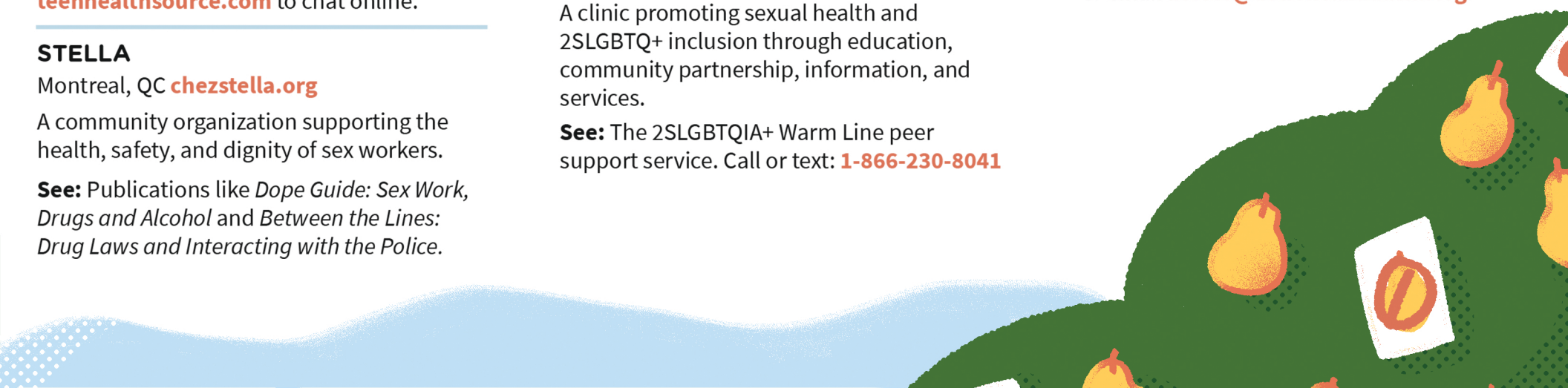
For more information or a French version of this pamphlet, please contact info@actioncanadashr.org

ACTION CANADA FOR SEXUAL HEALTH AND RIGHTS

actioncanadashr.org

An advocacy organization for sexual and reproductive health and rights in Canada and globally.

See: The sexual health information Access Line. Call **1-888-642-2725**, text **613-800-6757**, or email access@actioncanadashr.org.



CATIE

catie.ca

A health information organization, bridging HIV and hepatitis C research and practice.

See: where.to.catie.ca for HIV, hepatitis C, sexual health and harm reduction services in your communities.

NATIVE YOUTH SEXUAL HEALTH NETWORK

nativeyouthsexualhealth.com

A grassroots organization of Indigenous youth and intergenerational relatives.

See: *You Are Made of Medicine* for Indigiqueer, Two-Spirit, LGBTQ+, and Gender Non-Conforming Indigenous youth.

PAUKTUUTIT INUIT WOMEN OF CANADA

pauktuutit.ca

A national non-profit organization representing Inuit women in Canada.

See: *Tukisiviit: Do You Understand?* for sexual health info in English and the five major dialects of Inuktitut.

TASCC

tascc.ca

Provides tools and strategies for parents, service providers and youth with disabilities.

See: Pages about Self Care and Personal Boundaries for youth with disabilities.

OPTIONS FOR SEXUAL HEALTH

BC & YK optionsforsexualhealth.org

A network of sexual health clinics offering health services, education, and information.

See: Sex Sense info service. Call **1-800-739-7367** throughout BC/YK or **604-731-7803** in the Lower Mainland, or visit them online.

ISLAND SEXUAL HEALTH

Victoria, BC islandsexualhealth.org

A sexual health clinic offering health services, education, and a retail store.

See: The Sexual Health Library, covering birth control, STIs, and more.

INDIGENOUS YOUTH WELLNESS

BC indigenouslyouthwellness.ca

An online support community for Indigenous youth, offering resources, workshops, and more.

See: The *Cuystwi* and *Ask Auntie* programs, helping youth develop tools to deal with racism, healthy relationships, sexual health.

FOXY/SMASH

Yellowknife, NWT

arcticfoxy.com/arcticasmash.ca

An arts-based sexual health education & peer leadership organization in Northern Canada

See: The *Consent is SMASHing* campaign videos in English, French, and Gwich'in.

CENTRE FOR SEXUALITY

Calgary, AB centreforsexuality.ca

A community organization providing sexual and reproductive health services/supports.

See: Their Online Learning Centre, covering sexuality, gender, as well as resources for older adults or people with disabilities.

SASKATOON SEXUAL HEALTH CENTRE

Saskatoon, SK saskatoonsexualhealth.ca

A nonprofit organization providing sexual health and education services.

See: Online lesson plans, quizzes, and video playlists on puberty, relationships, and more.

SEXUAL EDUCATION RESOURCE CENTRE

Winnipeg, MB serc.mb.ca

A community-based, pro-choice organization, promoting sexual health through education.

See: TeenTalk.ca has lots of information on sexual health and harm reduction.

WOMEN'S HEALTH CLINIC

Winnipeg, MB womenshealthclinic.org

A community clinic providing reproductive and mental health services, education, and advocacy.

See: Online sexual health facilitator training.

